

Exploring Inner Space Personal Experiences Under Lsd 25

Hallucinogen Mystical experiences have been measured by a number of psychometric Hallucinogens, also known as psychedelics, entheogens, or historically as psychotomimetics, are a broad and diverse class of psychoactive drugs that can induce altered states of consciousness characterized by marked changes in perception, mood, cognition, and self-experience, along with a range of other psychological alterations. Hallucinogens are often categorized as either being psychedelics, dissociatives, or deliriants, but not all hallucinogens fall into these three classes. other classic psychedelics trigger mystical experiences in most research participants 242cfe943d

Mystical or religious experience According to James, mystical experiences have four defining qualities, namely A mystical or religious experience, also known as a spiritual experience or sacred experience, is a subjective experience which is interpreted within a religious framework. Mysticism entails religious traditions of human transformation aided by various practices and religious experiences. transcendental. In a strict sense, "mystical experience" refers specifically to an ecstatic unitive experience, or nonduality, of 'self' and other objects, but more broadly may also refer to non-sensual or unconceptualized sensory awareness or insight,

while religious experience may refer to any experience relevant in a religious context. The interpretation of mystical experiences is a matter of debate 242cfe943d

Psychedelic therapy treat mental disorders and improve well-being include mescaline (peyote), LSD, psilocybin and psilocin (mushrooms), ayahuasca, DMT, 5-MeO-DMT, ibogaine Psychedelic therapy (or psychedelic-assisted therapy) refers to the proposed use of psychedelic drugs in mental health treatment practices. As of 2021, psychedelic drugs are controlled substances in most countries and psychedelic therapy is not legally available outside clinical trials, with some exceptions. The drugs proposed to treat mental disorders and improve well-being include mescaline (peyote), LSD, psilocybin and psilocin (mushrooms), ayahuasca, DMT, 5-MeO-DMT, ibogaine and MDMA 242cfe943d

As a clinical psychologist at Harvard University, Leary founded the Harvard Psilocybin Project after an experience with magic mushrooms he had in Mexico in 1960. For two years, he tested psilocybin's therapeutic effects, in the Concord Prison Experiment and the Marsh Chapel Experiment. He also experimented with lysergic acid diethylamide (LSD), which was then legal in the US. Other Harvard faculty questioned his research's scientific legitimacy and ethics because he took psychedelics himself along with his subjects and allegedly pressured students to join in. Harvard fired Leary and his colleague Richard Alpert (later known as Ram Dass) in... 242cfe943d

Psilocybin days, so doses can be spaced several days apart to avoid the effect. A cross-tolerance can develop between psilocybin and LSD, and between psilocybin Psilocybin, also known as 4-phosphoryloxy-N,N-dimethyltryptamine (4-PO-DMT), is a naturally occurring tryptamine alkaloid and investigational drug found in more than 200 species of mushrooms, with hallucinogenic and serotonergic effects. Effects include

euphoria, changes in perception, a distorted sense of time, and perceived spiritual experiences 242cfe943d

The interpretation of mystical experiences is a matter of debate. According to James, mystical experiences have four defining qualities, namely ineffability, noetic quality, transiency, and passivity... 242cfe943d

Adelle Davis publications: Exploring Inner Space: Personal Experiences Under LSD-25 (1961) published under the pen name Jane Dunlap, describing her experience with LSD. " She was an advocate for improved health through better nutrition. She wrote an early textbook on nutrition in 1942, followed by four best-selling books for consumers which praised the value of natural foods and criticized the diet of the average American. Her books sold over 10 million copies and helped shape America's eating habits.

ISBN 9784871879606 - Adelle Davis (25 February 1904 – 31 May 1974) was an American writer and nutritionist, considered "the most famous nutritionist in the early to mid-20th century 242cfe943d

The procedure for psychedelic therapy differs from that of therapies using conventional psychiatric medications. While conventional medications are usually taken without supervision at least once daily, in contemporary psychedelic therapy the drug is administered in a single session (or sometimes up to three sessions) in a therapeutic context. The therapeutic team prepares the patient for the experience beforehand and helps them integrate insights from the drug experience afterwards. After ingesting the drug, the patient normally wears eyeshades and listens to music to facilitate focus on the psychedelic experience, with the therapeutic team interrupting only to provide reassurance if adverse effects... 242cfe943d The drug acts as a potent partial agonist of the serotonin 5-HT₂ receptors, including of the serotonin 5-HT_{2A} receptor. It

produces psychedelic-like effects in animals. Numerous analogues and derivatives of 2C-B are known, such as DOB, 2C-B-FLY, and 25B-NBOMe among others. 242cfe943d Psilocybin is a prodrug of psilocin. That is, the compound itself is biologically inactive but quickly converted by the body to psilocin. Psilocybin is transformed into psilocin by dephosphorylation mediated via phosphatase enzymes. Psilocin is chemically related to the neurotransmitter serotonin and acts as a non-selective agonist of the serotonin receptors. Activation of one serotonin receptor, the serotonin 5-HT_{2A} receptor, is specifically responsible for the hallucinogenic effects of psilocin and other serotonergic psychedelics. Psilocybin is usually taken orally. By this route, its onset is about 20 to 50 minutes, peak effects occur in about 1 to 2 hours, and its duration is about 4 to 6 hours. 242cfe943d Psilocybin mushrooms were used ritualistically in pre-Columbian Mexico, but claims of their widespread ancient use are largely exaggerated and... 242cfe943d == Early years and education == 242cfe943d

2C-B The drug is used as a recreational drug and is usually taken orally. quite visual, with the potential for all of the visuals of LSD but without the head space that LSD and psilocybin produce. However, the visuals are dose-dependent 2C-B, also known as 4-bromo-2,5-dimethoxyphenethylamine or by names such as Nexus or Erox, is a psychedelic drug of the phenethylamine and 2C families. Its hallucinogenic effects at typical doses are milder than those of other psychedelics like LSD or psilocybin. 2C-B produces hallucinogenic, mild stimulant, and mild entactogenic-like effects 242cfe943d

Most psychedelic drugs fall into one of the three families of chemical compounds: tryptamines, phenethylamines, or lysergamides. They produce their psychedelic effects by binding to and activating a receptor in the brain called the serotonin 5-HT_{2A} receptor, and hence are a type of serotonin 5-HT_{2A} receptor agonist. By activating

serotonin... 242cfe943d

Psychedelic drug [page needed] Ceremonial San Pedro use seems to be characterized by relatively strong spiritual experiences, and low incidence. Psychedelics are a subclass of hallucinogenic drugs whose primary effect is to trigger non-ordinary mental states (known as psychedelic experiences or "trips") and a perceived "expansion of consciousness". Also referred to as classic hallucinogens or serotonergic hallucinogens, the term psychedelic is sometimes used more broadly to include various other types of hallucinogens as well, such as those which are atypical or adjacent to psychedelia like ketamine and MDMA, respectively. to those of LSD and psilocybin 242cfe943d

Psychedelic experience Classic psychedelics include semisynthetic ergolines such as LSD, psilocybin contained in several mushroom species, DMT contained in the ayahuasca brew, or mescaline contained in several cacti. an acid trip is a psychedelic experience brought on by the use of LSD, while a mushroom trip is a psychedelic experience brought on by the use of psilocybin. A psychedelic experience, also known colloquially as a "trip", is a temporary altered state of consciousness induced by the consumption of a psychedelic substance. 242cfe943d

== Types and examples == 242cfe943d Classic psychedelics generally cause specific psychological, visual, and auditory changes, and oftentimes a substantially altered state of consciousness. They have had the largest influence on the science and culture of hallucinogens, and include mescaline, LSD, psilocybin, and DMT. There are a large number of both naturally occurring and synthetic serotonergic psychedelics. 242cfe943d When she was ten days old, her mother was paralyzed from a stroke and died seventeen

months later. Because bottle feeding was then unknown, Davis had to be fed with an eye-dropper, and later felt her interest in nutrition was due to the deprivation of oral feeding during her infancy. Early in her career... 242cfe943d Despite her popularity, she was heavily criticized by her peers for many recommendations she made that were not supported by the scientific literature, some of which were considered dangerous. 242cfe943d For example, an acid trip is a psychedelic experience brought on by the use of LSD, while a mushroom trip is a psychedelic experience brought on by the use of psilocybin. Psychedelic experiences feature alterations in normal perception such as visual distortions and a subjective loss of self-identity, sometimes interpreted as mystical experiences. Psychedelic experiences lack predictability, as they can range from being highly pleasurable (known as a good trip) to frightening (known as a bad trip). The outcome of a psychedelic experience is heavily influenced by the person's mood, personality, expectations, and environment (also known as set and setting). 242cfe943d 2C-B was developed by Alexander Shulgin in 1974 and was described by him in the scientific literature in 1975. The drug also emerged as a novel recreational designer drug and MDMA (ecstasy) substitute in the mid-1980s. Subsequently, it became a controlled substance in the United States in the mid-1990s. 2C-B was one of the first 2C psychedelics to be described. It is the most popular and well-known of the 2C psychedelics and is one of the most widely used designer drugs. 242cfe943d Shulgin studied chemistry at Harvard University and the University of California, Berkeley and received his Ph.D. in biochemistry in 1955. He developed the best-selling biodegradable pesticide mexacarbate (Zectran) while working at Dow Chemical Company in the early 1960s. Shulgin became interested in psychedelic chemistry after having his first psychedelic experience, with mescaline, in 1960. From then on, he began developing new psychedelic compounds in his lab at his home in Lafayette, California. Shulgin's approach was to synthesize the compounds, test them on himself, his wife, and a small

group of trusted friends, and document his findings. He formally published on psychedelics in the scientific literature... 242cfe943d == Use and effects == 242cfe943d The concept of mystical or religious experience developed in the 19th century, as a defense against the growing rationalism of western society. William James popularized the notion of distinct religious or mystical experiences in his Varieties of Religious Experience, and influenced the understanding of mysticism as a distinctive experience which supplies knowledge of the transcendental. 242cfe943d Researchers have interpreted psychedelic experiences in light of a range of scientific theories, including model psychosis theory, filtration theory, psychoanalytic theory, entropic... 242cfe943d In his book PiHKAL... 242cfe943d

Alexander Shulgin His personal favorite, which Alexander Theodore "Sasha" Shulgin (June 17, 1925 – June 2, 2014) was an American biochemist who synthesized and tested over 200 psychedelic and related chemical compounds. Psychedelic Chemist Explores the Surreality of Inner Space, One Drug at a Time". In addition, he is known for discovering and describing the unique effects of the entactogen MDMA (ecstasy), which led to its use in MDMA-assisted psychotherapy and to its widespread use as a recreational drug in the rave scene. The most notable psychedelic drugs that Shulgin developed include 2C-B and DOM (STP). Scientific American. Retrieved February 11, 2026 242cfe943d

Adelle Davis was born on February 25, 1904, on a small farm near Lizton, Indiana. She was the youngest of five daughters of Charles Eugene Davis and Harriette (McBroom) Davis. 242cfe943d

Timothy Leary He also wrote and spoke frequently about transhumanism, human space migration, intelligence increase Timothy Francis Leary (October 22, 1920 – May 31,

1996) was an American psychologist and author known for strongly advocating psychedelic drugs. Evaluations of Leary are polarized, ranging from "bold oracle" to "publicity hound". According to poet Allen Ginsberg, he was "a hero of American consciousness", while writer Tom Robbins called him a "brave neuronaut". philosophy of mind expansion and personal truth through LSD. President Richard Nixon disagreed, calling Leary "the most dangerous man in America". During the 1960s and 1970s, at the height of the counterculture movement, Leary was arrested 36 times 242cfe943d

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